

QP CODE: 112011

Reg. No:.....

**First Year Post Basic B.Sc Nursing Degree Supplementary Examinations
April 2019**

Nutrition and Dietetics

(2016 Scheme)

Time: 2 Hours

Total Marks: 35

- **Answer all questions**
- **Draw diagram wherever necessary**

Short Essays:

(3x7=21)

1. Discuss the major nutritional problems of pre-school children
2. Discuss the nutritional requirements during pregnancy and lactation
3. Elaborate weaning and its effects on mother and child

Short notes:

(2x4=8)

4. Advantages of school lunch programme
5. List out the factors to be considered in menu planning

Answer briefly:

(2x3=6)

6. Dietary modification for an obese person
7. Prepare a day's menu for an adolescent girl
