

**QP CODE: 112011**

**Reg. No:.....**

**First Year Post Basic B.Sc Nursing Degree Supplementary Examinations  
April 2019**

**Nutrition and Dietetics**

**(2016 Scheme)**

**Time: 2 Hours**

**Total Marks: 35**

- **Answer all questions**
- **Draw diagram wherever necessary**

**Short Essays:**

**(3x7=21)**

1. Discuss the major nutritional problems of pre-school children
2. Discuss the nutritional requirements during pregnancy and lactation
3. Elaborate weaning and its effects on mother and child

**Short notes:**

**(2x4=8)**

4. Advantages of school lunch programme
5. List out the factors to be considered in menu planning

**Answer briefly:**

**(2x3=6)**

6. Dietary modification for an obese person
7. Prepare a day's menu for an adolescent girl

\*\*\*\*\*